

WARNING ORDER



10 Jan 2018

CST #9 & 10 – Cold Weather/Adventure FTX & Sports Weekend

1. **SITUATION**

All cadets are to participate in a Cold Weather/Adventure FTX & Sports Weekend (CST # 9 & 10) to successfully complete their Star Level Training on the weekend of Friday the 9th of February to Sunday the 11th of February 2018.

2. **MISSION**

The Corps will be conducting a full weekend on the 9th to the 11th of February 2018 this will include Cold Weather/Adventure FTX on Saturday the 10th which will include winter shelters, a constructed biv site & field skills, navigating with a map, compass and GPS receiver, operating a radio and other training eg. leadership and team-building. On Sunday the 11th the corps will be participating in a sports day which will focus on Fitness and Team Building.

3. **DRESS**

- Friday the 9th the dress is FTU C5
- Saturday the 10th is FTU C5 or equivalent outdoor clothing and ensure that you have extra warm clothing for Saturday's winter weather, **Dress Warm for Saturday** as we will be outside all day;
- Sunday the 11th is appropriate Sports Kit. See kit list attached.

4. **MEALS AND ACCOMMODATIONS**

- All meals provided – mix of Meals Ready to Eat (MREs), box lunches and prepared meals;
- Cadets must bring their own water bottle or hydration pack;
- All cadets and staff will stay at the John Graves Simcoe Armouries on Friday night, then move to the Training Area for Saturday break into their star levels for Saturday Training and return to the John Graves Simcoe Armouries for Saturday night and Sunday will be the Sports and Fitness Day at John Graves Simcoe Armouries; and
- **Sleeping Bags & liners and air mattresses required by all cadets** for sleeping inside John Graves Simcoe Armouries Friday and Saturday Night.

5. **MEDICAL**

- **CADETS MUST HAVE THEIR HEALTH CARDS WITH THEM AT ALL TIMES;**
- All required medication for the weekend is to be brought by the cadet;
- The cadet MUST hand in their medication properly labelled with first & last name and timing & amount of dosage – **ONLY BRING AMOUNT OF MEDICATION NEEDED;**
- EpiPens and inhalers will be immediately returned to the cadet and **MUST BE CARRIED AT ALL TIMES;** and

- Cadets will be away from the medication box during lunch so it is their responsibility to ask for their lunch medication BEFORE departing for the day's training.

6. **TIMINGS**

Fri 9th of February 2018

- 1730- Bus pick-up at Sutton District High School
- 1800- Bus pick-up at Prince of Peace CES, Keswick
- 1820- Bus pick-up at East Gwillimbury Civic Centre
- 1830- Bus pick-up at the old Price Choppers, 17730 Leslie St, Newmarket
- 1850- Arrival at John Graves Simcoe Armoury, Aurora

Sun 11th of February 2018

- 1700- Dismissal from John Graves Simcoe Armoury, Aurora
- 1710- Bus departs JGSA, Aurora
- 1730- Bus drop-off at the old Price Choppers, 17730 Leslie St, Newmarket
- 1740- Bus drop-off at East Gwillimbury Civic Centre
- 1800- Bus drop off at Prince of Peace CES, Keswick
- 1820- Bus drop off at Sutton District High School

Daniel G.P. Copeland
Captain
Training Officer 2799 RC(Army)CC
(705) 440-7260

Distribution List

Action:

Cadets

Staff

Support Committee

Info:

Parents

Personal Kit List

It is the responsibility of the cadet to ensure the required items are brought.

<p>Wear Field Training Uniform (FTU) for Friday night & Saturday Training:</p> <ul style="list-style-type: none"> • FTU OD Pants, • FTU OD Shirt, • FTU or Corps T-Shirt, • Beret and Badge • Touque or warm headgear, • FTU Black Combat Boots (or similar if you have not been issued boots), • Wool or synthetic socks (nylon liner recommended), • Synthetic base wear eg long sleeve shirt and long johns if cold or wet outside, <p>Military or civilian rain gear if necessary.</p>	<p>Physical Fitness Gear Sunday Training:</p> <ul style="list-style-type: none"> ➤ PT gear appropriate for outdoor & indoor training, ➤ Athletic socks, Running shoes. 	<p>Civilian Clothes</p> <ul style="list-style-type: none"> ➤ Sleepwear. ➤ Wear your PT gear during free time!
<p>If you do not have a Field Training Uniform (FTU):</p> <ul style="list-style-type: none"> • Layered clothing, preferably synthetic, • Synthetic base wear eg long sleeve shirt and long johns if cold or wet outside, • Fleece or wool warmth layer if necessary, • Rain jacket or waterproof shell if necessary, • Appropriate footwear eg hiking boots or trail shoes (tread is important), • Wool or synthetic socks (nylon liner recommended), • Hat for protection from the cold. 	<p>Personal Items and extra clothing</p> <ul style="list-style-type: none"> • Sleeping Bag & Sleeping pad, • Large backpack, duffle bag or sports bag (PACK EVERYTHING IN ONE BAG), • Sleepwear, • Second set of footwear, • Extra T-Shirts and Socks • Touque, Gloves, Scarf for cool weather, • Water bottle, • Cup or Mug for hot or cold drinks, • Medication, • Health Card, • Headlamp or flashlight with batteries, • Sunscreen, • Lip Balm, • SMALL sharp knife, • Watch, <p>PLEASE DO NOT BRING VALUABLE ITEMS</p> <p>We do not want to see cell phones being used during training. They may be carried in your day bag for emergency use only and can only be used during free time.</p>	<p>Personal Hygiene Kit</p> <ul style="list-style-type: none"> • Toothbrush, • Toothpaste, • Deodorant, • Comb / hair brush, • Soap, • Washcloth, • Small towel, • Shaving kit, • Feminine hygiene, products, • Wet naps, • Personal hand sanitizer.