

Queen's York Rangers 2799 Army Cadet Corps #6-14845 Yonge Street, Box 363 Aurora, ON L4G 6H8

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1 Apr 2024

JOINING INSTRUCTIONS - LDA 3 & 4 BIVOUAC FTX

SITUATION

In order to fulfil the requirements of their respective Star Level Training, all cadets are required to participate in an Elemental Field Training Exercise (FTX). This is part of the Locally Developed Activities (LDA) Program. The Elemental FTX is scheduled to be conducted on the 10th to 12th of May 2024 at Blackdown CTC, CFB Borden, ON.

MISSION

2799 Army Cadet Corps will conduct a weekend Elemental FTX that will include constructing a bivouac, shelter building, field training, wilderness survival, performing the duties of a team member in the field, navigation, and environmental stewardship. The FTX will consist of two overnights and training in Area H and Blackdown CTC, CFB Borden.

EXECUTION

All 2799 cadets are **expected** to participate in the FTX in order to fulfil the mandatory requirements of their star level training. All cadets will meet at John Graves Simcoe Armoury (JGSA) on Friday May 10. Cadets will travel by chartered bus to Blackdown CTC where they will sleep overnight in soft-wall shelters. Saturday cadets will move to the training area (Area H) to construct a bivouac, erect shelters, and learn navigation and survival skills. On Saturday night cadets will conduct a night navigation in their sections to challenge their navigation skills. On Sunday cadets will participate in more survival and navigation skills. Cadets will return to JGSA on Sun May 12.

Timings

Senior cadets selected for the Advance Party should arrive at John Graves Simcoe Armoury on Fri May 10 at 0900hr.

Arrival: All cadets are to arrive at John Graves Simcoe Armoury on Fri May 10 between 1845hr and 1900hr.

Departure: Cadets will arrive back at JGSA at 1600hr. Parents should begin arriving at JGSA for pickup at 1530hr.

Transportation

All cadets will travel to/from Blackdown via chartered bus. Blackdown CTC Address: Blackdown Rd, Borden, ON LOM

Rations and Canteen

Canteen will not be available/open during the FTX. Meals Ready to Eat (MREs) will be provided to all cadets and staff for Saturday lunch, Sunday breakfast and lunch. Fresh ration "haybox" meal will be provided to cadets for breakfast and dinner on Saturday.

Any cadet that has a dietary restriction for any reason needs to notify the Admin O, Capt Castillo-Rivas prior to **19 April**.

Cadets are to bring their own water bottle/nalgene for carrying water. Jerry cans will be available for cadets to replenish their canteen throughout the activity.

Medical

All cadets must be in possession of their <u>Provincial Health Card</u> and will be asked to show proof that it is in their possession upon arrival to the activity. Cadets requiring EpiPens and/or inhalers must carry them on their persons at all times during the activity.

All medication required over the duration of the activity is to be brought by the cadet. All medication and medical requirements shall be declared during the in-routine process/inspection to the Admin O. Medication must be in a labelled plastic bag with first & last name, timing, and amount of dosage.

Clothing and Equipment

Cadet dress for the activity is <u>C5 FTU</u>. Cadets may also wear warm layers underneath their uniform, and a rain jacket outer layer. Cadets without a uniform shall wear outdoor adventure clothing appropriate for the weather and being outside for the weekend.

Staff dress is CADPAT.

See Annex A for a list of all clothing, personal items and equipment cadets <u>must</u> bring. Cadets should pack all clothing and items in a rucksack or dufflebag that is easily carried on their back, as they will be carrying it 2km into the field.

Drug, Alcohol, And Smoking Policies

As per CJCR orders, participants shall not bring, consume, or distribute drugs, alcohol, tobacco, marijuana, vapes, or non-prescription drugs. Any infraction to these orders may result in the participant being sent home. Further discipline as directed by CATO 15-22 may be prescribed.

Supervision And Discipline

All attending personnel, Cadets, Cl's, CAF members shall be held to their signed CCO Code of Conduct. The details of such will support an inclusive, supportive, and professional environment that is built upon respect, understanding, and military ethos. At all times all personnel are expected to uphold the Code of Conduct. Cadets found in violation of the Code of Conduct may be subject to discipline as directed by CATO 15-22.

Searches and Inspections

As per CJCR orders, all personnel may be subject to a luggage and kit inspection upon arrival or anytime throughout the activity. This is in accordance with <u>CATO 12-50</u>. The purpose of inspections is to verify that cadets have brought the required kit, and that a cadet does not have in their possession any restricted or prohibited items.

Sign-Up and Parental Consent Form

All cadets must confirm if they will be attending the FTX by signing up through the **online form**.

All cadets must have their parent sign the attached parental consent form. Parental consent forms can be submitted to the Admin O any time prior to the FTX or brought with them on Friday May 10. Cadets must have a signed parental consent form in order to attend the training exercise.

Lieutenant David Kasper

Training Officer, 2799 Queen's York Rangers RCACC Canadian Armed Forces david.kasper@cadets.gc.ca | Cell: (289) 264-9784

Annex A – Personal Kit List Annex B – Parent Permission Form

PERSONAL KIT LIST

CADETS WILL BE OUTDOORS FOR THE DURATION OF THE TRAINING EXERCISE AND WILL BE SLEEPING OUTDOORS. It is the responsibility of the cadet to ensure the required items are brought.

Wear Field Training Uniform (FTU) for Training:

- FTU Pants
- FTU Shirt
- FTU Green T-Shirt
- Beret and Badge
- Tilly cap
- Warm toque/hat (black or green)
- FTU Black Combat Boots (or hiking boot if you have not been issued boots)
- Wool or synthetic socks (nylon liner recommended)
- Synthetic base wear e.g. long sleeve shirt and long johns if weather is cold or wet outside.
- Fleece or wool warm insulating layer
- Military or civilian rain gear
- Personal Items and extra clothing
- Large backpack, duffle bag or sports bag (PACK EVERYTHING IN ONE BAG) NO SUITCASES!
- Sleepwear
- Second set of footwear
- Extra T-Shirts and Socks
- Toque, Gloves, Scarf for cool weather
- 1L Water bottle
- Non-breakable camping cup/mug for hot or cold drinks,
- Medication (if necessary)
- HEALTH CARD,
- Headlamp or flashlight with batteries
- Sunscreen
- Lip Balm
- SMALL sharp knife or multitool
- Watch

PLEASE DO NOT BRING VALUABLE ITEMS We do not want to see cell phones being used during training. They may be carried in your day bag for emergency use only and can only be used during free time.

If you do not have a Field Training Uniform (FTU):

- Synthetic base wear e.g. long sleeve shirt and long johns if cold or wet outside
- Fleece or wool warm insulating layer
- Rain jacket or waterproof outer layer
- Appropriate footwear e.g. hiking boots or trail shoes (tread is important)
- Wool or synthetic socks (nylon liner recommended)
- Hat for protection from the cold
- Hat for protection from the sun (i.e with a brim).

NO JEANS or COTTON SWEATPANTS!!

- Personal Hygiene Kit
- Toothbrush
- Toothpaste
- Deodorant
- Comb / hair brush
- Soap
- Washcloth
- Small towel
- Shaving kit
- Feminine hygiene, products
- Wet naps
- Personal hand sanitizer

PARENTAL CONSENT - LOCAL ACTIVITIES AND TRAINING

<u>Note</u>. On this form, the term "parent" and its derivatives include "legal guardians" and the term "child" includes "wards".

TRAINING OR ACTIVITY DETAILS			
Name:		Location:	
LDA 3 & 4 Bivouac FTX		CFB Borden	
Start Date and Time:		End Date and Time:	
5/10/2024	6:45:00 PM	5/12/2024 4:00 PM	

TRAINING OR ACTIVITY DESCRIPTION

In order to fulfil the requirements of their respective Star Level Training, all cadets are required to participate in an Elemental Field Training Exercise (FTX). This is part of the Locally Developed Activities (LDA) Program. 2799 Queen's York Rangers Royal Canadian Army Cadet Corps will conduct a weekend Elemental FTX from 10-12 May 2024 that will include constructing a bivouac, shelter building, field training, wilderness survival, performing the duties of a team member in the field, navigation, and environmental stewardship. The FTX will consist of two overnights and training in Area H and Blackdown CTC, CFB Borden.

INSPECTIONS AND SEARCHES

At different moments during the activity, the cadet may be subjected to inspections in accordance with CATO 12-50 Searches and Inspections of Cadets. These will be conducted or supervised by a Canadian Forces member, and will serve to ensure that:

- the cadet's sleeping accommodations, locker(s) and storage area(s) are clean and orderly;
- the cadet does not have in his/her possession any of the prohibited, restricted or unauthorized items listed in CATO 12-50 or other information document provided under separate correspondence.
- the cadet is carrying the proper equipment and it is in good condition and properly maintained;
- the cadet's health and safety is not at risk; and
- the cadet does not have in his/her possession any of the prohibited, restricted or unauthorized items listed in CATO 12-50 or other information document provided under separate correspondence.

If found, prohibited and restricted items will be handed to the applicable police agency (military or civilian), except as indicated in CATO 12-50, while unauthorized items shall either be confiscated for the duration of the activity or sent back to the cadet's home at the parents' expense, whichever is more practical and economical.

Corrective measures could be taken against a cadet for failing any inspection or search criteria or for refusing to submit to an inspection, in accordance with CATO 15-22 Conduct and Discipline – Cadets, up to and including being expelled from the activity.

If needed, the search of a cadet's person, property, locker(s), luggage, kit or sleeping area for the purposes of discovering contraband, illicit or stolen property, or some evidence of guilt to be used in the prosecution of an offence, will be conducted only by the Military Police or a civilian police agency.

Parent's Name

PARENTAL CONSENT AND ACKNOWLEDGEMENT			
I, the unc	dersigned, parent of		
	Cadet's Full Name		
• p	er of the 2799 Queen's York Rangers RCACC, in Aurora, ON, hereby consent to my child: participating in training or the activity described above, being inspected and, if applicable, searched for the reasons and under the conditions described above, being provided minor medical care and emergency treatment by qualified and certified medical practitioners to treat an illness, injury or reaction suffered during training or the activity; and hereby acknowledge that I am required to inform cadet corps or squadron staff if there has been any recent change to my child's health, including any injury, illness or other medical condition.		

Parent's Signature

Date